

August 4, 2024: The 18th Sunday in Ordinary Time
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First Reading**Exodus 16:2-4, 12-15**

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses, "I will now rain down bread from Heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow My instructions or not.

"I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given you to eat."

Responsorial Psalm**Psalm 78:3-4, 23-24, 25, 54****R. (24b) The Lord gave them bread from Heaven.**

What we have heard and know,
and what our fathers have declared to us,
We will declare to the generation to come
the glorious deeds of the LORD and His strength
and the wonders that He wrought.

R. The Lord gave them bread from Heaven.

He commanded the skies above
and opened the doors of Heaven;
He rained manna upon them for food
and gave them heavenly bread.

R. The Lord gave them bread from Heaven.

Man ate the bread of angels,
food He sent them in abundance.
And He brought them to His holy land,
to the mountains His right hand had won.

R. The Lord gave them bread from Heaven.

Gospel readings source: www.usccb.org/bible/readings/

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Second Reading**Ephesians 4:17, 20-24**

Brothers and sisters:

I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of Him and were taught in Him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

Gospel Reading**John 6:24-35**

When the crowd saw that neither Jesus nor His disciples were there, they themselves got into boats and came to Capernaum looking for Jesus.

And when they found Him across the sea they said to Him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for Me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on Him the Father, God, has set His seal."

So they said to Him, "What can we do to accomplish the works of God?"

Jesus answered and said to them, "This is the work of God, that you believe in the One He sent."

So they said to Him, "What sign can You do, that we may see and believe in You? What can You do? Our ancestors ate manna in the desert, as it is written:

He gave them bread from Heaven to eat."

So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from Heaven; My Father gives you the true bread from Heaven. For the bread of God is that which comes down from Heaven and gives life to the world."

So they said to Him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life; whoever comes to Me will never hunger, and whoever believes in Me will never thirst."

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Jesus answered them and said, "Amen, amen, I say to you, you are looking for Me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on Him the Father, God, has set His seal." (John 6:26-27)

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Eighteenth Sunday in Ordinary Time

◇ The color vestments the priest is wearing are...

 circle your answer!

PARENTS & EDUCATORS: *Print in color for best results!*

This worksheet is intended for ages approx. 4-6, those not yet reading or just learning. They may need simple instructions from you to complete the activities.



RED



GREEN



VIOLET



ROSE



WHITE

◇ The first reading is from the book of

Exodus

◇ The Responsorial Psalm is:

The Lord gave them bread from

Heaven

◇ The second reading is from the Letter of Saint Paul to the

Ephesians

◇ Today's Gospel is according to

John

"I am
the bread
of life."

The words hidden below are from
today's Gospel. Circle every *third* letter
and write down the circled letters
on the line for each puzzle!
(The first one is done for you.)



1.) A N L K W I O L F S D E

LIFE

2.) B E B O G R N U E B E A Y T D

3.) C A H J T E P I A L R V J A

E L A N

4.) D O H W H U M V N J M G P T

E E M R

5.) E M M I J A O S N E D N R K A

18th Sunday in Ordinary Time - Year B

1. The color vestments the priest is wearing are _____.
2. The First Reading is from the book of
 - a. Isaiah
 - b. Wisdom
 - c. Exodus
3. Fill in the blanks from the First Reading: "In the evening twilight you shall eat _____, and in the morning you shall have your fill of _____, so that you may know that I, the LORD, am your God."
4. The Responsorial Psalm for this week is:
 - a. "I will take the cup of salvation and call on the name of the Lord."
 - b. "The Lord gave them bread from Heaven."
 - c. "I will praise you, Lord, for you have rescued me."
5. The Second Reading is from the book of
 - a. Ephesians
 - b. 2 Corinthians
 - c. 1 Peter
6. Fill in the blank from the Second Reading: "I declare and testify in the Lord that you must no longer live as the _____ do, in the futility of their minds; that is not how you learned Christ."
7. The Gospel reading is from the Gospel of _____.
8. In this Gospel Reading, the crowd went to _____ looking for Jesus.
 - a. Bethlehem
 - b. Judea
 - c. Capernaum
9. In this Gospel Reading, Jesus says, "Do not work for food that perishes but for the food that endures for eternal life, which the _____ of Man will give you."
10. In this Gospel Reading, who is the Bread of Life?
 - a. Jesus Christ
 - b. The High Priests
 - c. The apostles

18th Sunday in Ordinary Time - Year B

1. The color vestments the priest is wearing are green.
2. The First Reading is from the book of
 - a. Isaiah
 - b. Wisdom
 - c. **Exodus**
3. Fill in the blanks from the First Reading: "In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."
4. The Responsorial Psalm for this week is:
 - a. "I will take the cup of salvation and call on the name of the Lord."
 - b. **"The Lord gave them bread from Heaven."**
 - c. "I will praise you, Lord, for you have rescued me."
5. The Second Reading is from the book of
 - a. **Ephesians**
 - b. 2 Corinthians
 - c. 1 Peter
6. Fill in the blank from the Second Reading: "I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ."
7. The Gospel reading is from the Gospel of John.
8. In this Gospel Reading, the crowd went to Capernaum looking for Jesus.
 - a. Bethlehem
 - b. Judea
 - c. **Capernaum**
9. In this Gospel Reading, Jesus says, "Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you."
10. In this Gospel Reading, who is the Bread of Life?
 - a. **Jesus Christ**
 - b. The High Priests
 - c. The apostles