

## Fresh Dawa Tea Recipe

This warm drink is enjoyed all over Kenya, especially as a remedy to any ailments. You can commonly hear the phrase "tengeneza dawa ukiwa na homa" (make some dawa drink if you have a cold) in Kenya. Dawa is a popular drink that is even served in cafes and restaurants.

### Ingredients:

2 Cups water  
1-2 lemons  
1 inch of fresh ginger, sliced  
1/8 tsp. turmeric powder  
1 Tbs. honey



### Assemble the drink:

- 1) **Bring 2 cups of water, and 2 slices of ginger to a boil. Turn off the heat.**
- 2) **Place the remaining slices of ginger and 2 slices of lemon in a tall (16-18 oz) drinking glass.**
- 3) **Add turmeric, honey, & 3 Tbs. fresh lemon juice to the glass.**
- 4) **Pour the hot water into the glass, stir, and enjoy! (Don't try to eat the ginger slices straight: they are for flavoring the water and are very spicy by themselves!)**

